



PROCEDURE FOR FLUSHING YOUR CATHETER WITH HEPARIN

SUPPLIES:

- (1) Heparin pre-filled syringe for each lumen
- Alcohol or antiseptic wipes

PROCEDURE:

1. Clean work area. Wash hands thoroughly. Gather supplies.
2. Prepare your prefilled syringes for flushing your IV Catheter as instructed by your nurse.
3. Clean the injection cap on the end of your IV catheter with an alcohol/antiseptic wipe vigorously for 30 seconds and let air dry for 60 seconds.
4. Attach a prefilled syringe of Heparin to the injection cap of your IV catheter and flush your IV catheter as instructed by your nurse.
5. Disconnect the syringe from the injection cap of your IV catheter and discard.
6. Repeat steps 3-5 for each lumen.

All supplies and waste can be double bagged and disposed of with your household garbage.